

Find your way back to work with Jobcentre Plus

Jobcentre Plus wants to help you get back to work quickly. Even in an economic downturn, many jobs are available. Meanwhile, we'll step in by paying you benefits, if you qualify, and by helping you look for work or learn new skills.

To find out about getting back to work, claiming benefits, or training visit www.direct.gov.uk

Step 2

How do I find work again?

Many employers advertise vacancies online and ask you to apply online. To keep up with the latest vacancies, you will need to:

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...ZShWkagdai` email address

...]` ai Zai fa u` V hSUS` U[M` and fill in applications online.

Jobcentre Plus has a wide range of jobs at www.direct.gov.uk

Our website can help you get back to work. This might be writing a CV, preparing for interviews, help with childcare, travel costs for interviews, and specialist services if you have a disability that affects you at work. The website gives information and advice too, if you want to start a business.



You can also speak to an adviser about current vacancies. Call 0845 6060 234 (textphone 0845 6055 255). Lines are open from 8am to 6pm Monday to Friday and 9am to 1pm Saturday.

Working Tax Credit is for people in work, whether you have children or not. To find out more about this, or any other financial help you may be able to get when you return to work, visit www.direct.gov.uk

Next: to search for jobs, go to www.direct.gov.uk or call **0845 6060 234**.

Step 3

What if I want or need to retrain?

Refreshing your skills or learning new ones can increase your chances of finding a new job. Jobcentre Plus can advise you on your options. Depending on your age and qualifications you may be able to get free courses.

You can find out what's available in:

England

...FZW5SdW` 3Vh[UWEWh[UW provides free information and advice on learning and work. 3 Ua` uVW f[S^ZWb` W[e available from 8am to 10pm, 7 days a week on 0800 100 900 or visit www.direct.gov.uk/careersadvice

...R`Vj` fefVb1` XSUM`fa`ZSUSW services give information and advice on learning, training, and getting qualifications at www.direct.gov.uk/nextstep

...;XkagdW` af`egdM` ZWdWfa` efSd` with skills, you can call the



R` Agd: S` Ver : Wb`f` W on 0800 011 30 30 or visit www.lsc.gov.uk/inourhands

Scotland

...E] [e 6W`Wab` W`f` Scotland delivers skills, careers and learning support. Visit www.careers-scotland.org.uk or call 0845 8 502 502.

...Bad` adWa` XdWV` V` ai` ZJaeF` V`Sd` [Y` abf[a` eF` visit www.learnirectscotland.com or call 0808 100 9000.

...?` adVSTagf` V`Sd` [Y` support is available at www.ilscotland.org.uk

Wales

...www.careerswales.com has more on jobs, careers advice and learning choices. It also Y[hV` V`WV[e` aXfZWDV`BUF programme to help you retrain and find work after redundancy. Call 0800 101 901 or visit www.learnirect.co.uk/wales-cym/

...BadZVb` i` [fZ` Xg` V` [Y` for training, visit www.wales.gov.uk/educationandskills/



